

WHAT TO BRING:

Please bring a water bottle and snacks/lunch (NO NUTS) to all classes. We will be providing light snacks but please a NUT FREE LUNCH.

There's no need to bring a yoga mat, we provide them!

Please bring an additional change of clothes, just in case!

WHAT TO WEAR:

Come dressed in comfortable clothing. We will practice yoga barefoot so all shoes will be dropped at the door! We are not responsible for lost items. Therefore, if your please try to leave all valuables and favorite toys at home.

PLEASE PREAPPLY SUNSCREEN!!

Boys and girls with hair below the shoulders need to pull hair back for practice!

STUDIO ETIQUETTE:

- I ask that everyone remove socks and shoes before entering the yoga room.
- Please encourage and remind your children to speak in calm, low volume voices when in the reception area or the studio.
- No food or snacks inside the yoga room.
- Please turn all cell phones off or on silent in the studio. We can hear loud phone ring tones from the studio!

Students waiting for classes may do so in the reception area. The instructor will call students in to class.

Shoes and other personal items may be placed in cubbies in the reception area.

PARENT OBSERVATION: Parents are always, always welcome to be on site during class and observe your children. However, you are certainly not expected to stay! If you'd like to observe, please do so by watching from the TV in the reception area.

Camp Cancellation Policy

In the event a participant elects to cancel enrollment, full refunds (less a \$60 refund processing fee) will be given if written cancellation notice is received before May 31, 2016. Any cancellation after this date will receive a 50% refund ONLY if your spot is filled. There can be NO refund of programs fees if a camper is dismissed or withdraws from a camp or program once their session commences.

