

**Born Yoga - New Student Registration and Waiver**

**Guardian Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Guardian Email Address:** \_\_\_\_\_ **Guardian Phone:** \_\_\_\_\_

**Guardian Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

I am **signing** this waiver for myself and for the following **MINOR's** participation at Born Yoga:

**Child's Name:** \_\_\_\_\_ **Child's DOB:** \_\_\_\_\_

**Does your child have any allergies (please circle)?** yes no

**If yes, please list:** \_\_\_\_\_

**How did you hear about us/referred by?** \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_

**Relation:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

I hereby accept this waiver and release of liability of Born Yoga, LLC (hereinafter "Born Yoga"), as a condition of participation in yoga classes, training and other related activities at Born Yoga. I agree to this release of claims and waiver of liability and assume full responsibility for any injury, damage or loss, which may result from participation in classes at Born Yoga. I understand that yoga may involve a high level of both physical and emotional exertion, and as such, participation in yoga classes involves inherent risks and may result in accident or injury.

I understand that it is my responsibility to consult with a physician/my child's physician prior to and regarding my participation in any physical activity, if I feel it is necessary. I represent and warrant that I am/ my child is physically fit and able to participate and have no medical conditions that would be exacerbated by the practice of yoga. Should my/my child's medical condition at any time change in any way which would prevent safe participation in any of the yoga classes I choose/ my child chooses to attend, I agree to immediately discontinue attending classes and to consult with my physician/ my child's physician about continuing or resuming participation in the practice of yoga. I understand that none of the instructors at Born Yoga will suggest any medical advice or treatment to any participants, as only licensed professionals are qualified to give medical advice. I have been advised and understand that yoga classes may include postures and cardiovascular activity that can be categorized at different levels from beginner through advanced, and I understand that I am responsible for all of my actions in class and determining the level of exertion that is appropriate for me/ my child.

I hereby waive and release any and all claims or actions I may now or in the future have and release from all liability and agree not to sue Born Yoga, LLC, it's members, officers, employees, agents, or instructors (including independent contractors), including their respective heirs, successors and assigns (collectively, the "Released Parties"), for any damages, costs of losses of any kind whatsoever, including, but not limited to, damages, costs or losses from emotional or personal injury, death, or property damage incurred or suffered by me, as a result of my attendance at yoga classes or use of any other goods or services provided by Born Yoga, or any act or omission including negligence or breach of any statutory or other duty of care on the part of any of the Released Parties, arising out of or related to attendance at and participation in yoga classes or use of any other goods or services provided by Born Yoga. I further agree to comply with any and all policies in effect from time to time governing my conduct and behavior in yoga classes at Born Yoga and further agree that Born Yoga reserves the right to refuse service to any person who does not comply with any such policies, whether or not such policies are written or oral.

I understand that frequent updates about classes will be posted on the Born Yoga Facebook page at Facebook.com/BornYogaStudio. I can find photos and descriptions of my child's class experiences and instructions here.

I understand that the front room/retail area is the waiting area for class start or ending. Parents are responsible for supervision of kids. A parent or designated adult will supervise my child until class begins in the waiting area and be there to receive kids upon class end.

I understand that Born Yoga encourages students to develop respect for the studio and the yoga practice. I will help my child understand the importance of taking shoes off upon entrance of the studio, keeping calm voices, and turning off or leaving behind all electronics and phones when in the studio.

I understand that class tuition is not based on attendance; it simply reserves your spot in the class. NO MAKE-UP classes will be offered for **Series-Based** classes (e.g. Aerial Yoga) unless there has been a special arrangement with Ashley for a known open space in another class session.

I understand that Born Yoga offers small classes. Regular attendance for developing strong rapport with your child is important to our class success. We want to know if your child is sick, will be on vacation or needs to miss class for another reason. Relationships with your family are important to us! Please email BornYogaStudio@gmail.com when you need to communicate a class absence, and we can send your child love during class time.

I understand that yoga and all activities and instruction provided at Born Yoga includes, but is not limited to, physical movements, stretching, breathing exercises, strengthening exercises, meditation techniques, and hands-on physical adjustments for the purpose of improving alignment or understanding of movement; and that I/my child may decline any of these options at my/my child's own choosing.

I understand that Born Yoga relies on parent permission to take photos of students to communicate class lessons to parents, potential students and others. **I give Born Yoga permission to take instructional and promotional pictures and videos of my child in the studio during class. I give permission for Born Yoga to use photos/videos of my student(s) in promotional materials, on our website or in electronic social media for the Born Yoga Community.** \*\* (If you do not choose to give permission to post photos/videos, you may provide temporary approval in order to complete your online registration, and then fill out a form at the studio with Ashley that will override this waiver, but we hope you will consider granting permission as our ability to communicate about our offerings depends on our ability to demonstrate with photos and videos. \*\* Please know that we won't use your child's name in any photo/video unless we have your permission.) \*\*

If I/my child experience pain, discomfort, excessive fatigue or overexertion or sustains an injury outside of the studio, I/my child will notify the instructor.

I am aware that yoga/aerial yoga is not a substitute for medical attention, diagnosis, or treatment and is not safe under certain medical conditions. I am solely responsible for the decision to practice or have my child practice yoga/aerial yoga at Born Yoga.

*I have read this important legal document carefully and understand it will affect my legal rights.*

**Signature:** \_\_\_\_\_ **Date Signed:** \_\_\_\_\_