



#GIVING
TUESDAY

Born Yoga is proud to support Danialle Karmanos' Work It Out

Join Born Yoga and studio owner Ashley Goldberg for a special donation-based Family Yoga class to benefit DKWIO on

Tuesday,
November 29th
7:30 - 8:30 pm

Recommended for children 7 and up.

Born Yoga is located at
2121 Cole St., Birmingham, MI 48009
Call the studio at 248-397-8808
www.bornyogastudio.com



To learn more about Work It Out,
contact Trish Dewald at
313.782.4616
trish.dewald@dkwio.org
Or visit www.kidsworkeout.org

Your gift helps bring FREE
yoga and nutrition instruction
to Detroit schools.

Yoga mat and student workbook
are provided to students at the
end of the program.

