

Winter YOGA CAMP



Monday, December 26, 9:30-11:30 - Frozen Themed Yoga Camp

Monday, January 2, 9:30-11:30 - Winter Wonderland Yoga Camp

Camps will include themed yoga classes, fun yoga games, yoga art, social skills and team building exercises, mindfulness and breathing technique and lots of time for creative play!

Nut-free snacks included.

Recommended for ages 3-8. Must be Potty Trained.

1 day \$40

2 days \$72

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